

The Spiritual Life of Power Spring Practice Period 2011

Below is a general overview of the Spring Practice Period. Specific practices, questions and commitments will be sent out week by week.

All readings are from Thich Nhat Hanh The Art of Power

Schedule:

Week 1 Read: Introduction, Ch.1	Dharma Talk: Teachings of the Trees
Week 2 Read: Ch. 2	Discussion on Faith and Diligence
Week 3 Read: Ch. 3	Dharma Talk: Teachings of the Mountains
Week 4 Read: Ch. 4, and Appendix B	Discussion on Mindfulness
Week 5 Read: Ch 5	Dharma Talk: Teachings of the Waters
Week 6 Read: Ch. 6	Dharma Discussion (topic TBA)
Week 7 Read: Ch. 7	Dharma Talk: Teachings of the Earth
Week 8 Read: Ch. 8	Dharma discussion (topic TBA)
Week 9 Read Ch. 9	Dharma Talk: All Beings of the Universe as Sangha

Days of Mindfulness: March 5th at Mountain Lamp
March 6th at SPC

Non-residential retreat: April 15 – 17 at SPC Dharma Talks: Teachings of the Sun, the Stars and Space